

MENTAL HEALTH BREAK-THROUGH: Potentially, the Most Important Breakthrough in the Field of Psychology over the Past Century

Until recently, mental health professionals have had to use a series of educated guesses while attempting to diagnose and treat psychological disorders. Supported by a recent break-through publication, a reliable biological test is now available to help in the treatment of depression, Parkinsons and many other neurotransmitter deficiency disorders.

Dallas, Texas, May 25, 2009 - Until this month, May 2009, mental health professionals have never had a reliable, accurate biological test to help them treat mental disorders. Psychiatrists, psychologists and counselors have had to rely exclusively on the "Diagnostic and Statistical Manual" published by the American Psychiatric Association. Not only does this manual not have any statistics in it, but the way treatments are prescribed is through the use of behavioral observation, interviews and questionnaires. There has never been a test of a patient's biological material (blood, urine, saliva, etc.) that could reliably guide or assist a caregiver's treatment. In other words, the fields of psychiatry and psychology have had to base their services on a series of educated hunches and guesses, even when prescribing potentially addictive and harmful medications. All of that is about to change.

Recent Publication

A recent study in the Journal of Neuropsychiatric Disease and Treatment¹ presented the first ever model of urinary neurotransmitter excretion for use by mental health professionals. By taking a simple urine test, patients with depression, ADHD, obesity, Parkinsons and dozens of other disorders, can now be reliably helped. The researchers discovered a three-phase relationship between specific amino acids and neurotransmitters excreted into the urine. Amino acids are the building blocks of serotonin and dopamine, the neurotransmitters that dictate mood, appetite, attention and motor control (among many others). A predictable relationship between amino acids and levels of neurotransmitters in the urine can now enable mental health professionals to more effectively treat their patients.

Clinical Support

A wellness clinic in Dallas has been using this particular urine test with their patients for over 2 years. On the NeuroWellness, Inc. website (www.neurowellness.com/clinic-success-rates), current statistics are presented that show a strong positive relationship between neurotransmitter levels in the urine and symptom relief. According to Dr. Robert Neff, CEO of NeuroWellness, "These urine tests have been an important contributor to our success in helping people with depression, ADHD, and more recently Parkinsons. It takes about a week to get the results that tell us precisely what to do to help our patients."

About NeuroWellness, Inc.

NeuroWellness® is a world-wide leader in the use of amino acids to solve ADHD, depression and weight problems, without drugs or side-effects. It is a nutrition-based, neuroscience company that does in-house applied research while operating as a holistic health clinic. All NeuroWellness programs are created with healthy ingredients, without drugs or psychotherapy, by combining patented and proprietary solutions based around amino acids and whole food supplements.

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¹Trachte, G.H., Uncini, T, and Hinz, M. (2009). Journal of Neuropsychiatric Disease and Treatment: 5, 227-235.